

Mental Health Awareness

1. In this world there's many a mental illness yes
Such as anxiety, dyslexia, OCD, depression and stress
Though lots of people are regularly having assistance
With the Psychiatrists and Psychologists covering oh quite a distance
Without a single doubt
The NHS help lots of people out

2. With bad memory, misophonia and schizophrenia too
Cognitive Behaviour Therapy is had by quite a few
And of plenty a different description
There is given out many a successful prescription
Without a single doubt
The NHS help lots of people out

3. Even seizure disorder and autism are suffered by some
Making lots of people feel a little bit glum
But the NHS with very good co-operation
Carry out plenty a successful brain operation
Without a single doubt
The NHS help lots of people out

4. Making it harder for lots of people to have a constant smile
Narcissistic personality disorder has been around for a while
Which is people selfishly wanting to gain success
Whilst leaving lots of others living in a bit of a mess
Without a single doubt
The NHS help lots of people out

5. Behaviour, thinking and emotion problems are by lots of people had
Causing them to feel a little bit sad
Lots of people in this world suffer an illness
Though they should never give in and let it bring them to stillness
Without a single doubt
The NHS help lots of people out