

What Bad Effects The Unnatural/Inexplicit Word 'Doctor' Has On Everyone

If you're talking to an everyday friend/relation about a health problem it is like noting it down naturally/explicitly on a piece of paper **with no title**.

If you're talking to a 'Doctor' about a health problem it is like noting it down unnaturally/inexplicitly on a piece of paper with the unnatural/inexplicit title '**doctor**'.

If you don't understand what I'm getting at above, please try and put yourselves in the following two positions - each for one week - and you should notice the difference.

Week One

One day on a sheet of paper write down anything in life that's currently bothering you – **with no title** at the top of the page

Put this sheet of paper to one side and observe through the week how much your problem comes to mind.

Week Two

On the top of your sheet of paper, put the unnatural/inexplicit title '**doctor**'.

Put this piece of paper to one side and observe through this week how much your problem comes to mind.

Results

Having done both of the above I bet you'll notice how week one you were a lot more relaxed than week two by finding it a lot easier to put problems to the back of your mind rather than have it pointed out and brought more forward in your mind, thoughts and troubles by it being given a largely questionable unnatural/inexplicit title of '**doctor**'.

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